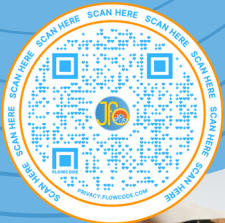


C.O.P.E. Educational Activity:

The Cost of Poverty Experience is a 2.5 hour immersive experience designed to give participants a glimpse into the lives of families living in poverty. Additionally, during the reflection section of the COPE, concepts like mental models, stages of change, and language limitations are discussed.

An additional 30 minute training for those receiving CEUs will focus on discussion of where the participants have seen the impact of poverty on client's thinking and behavior, and skills designed to improve outcomes.



About Karen Laing

Karen has a Bachelor's degree in Public Health and a Masters in Theology. She has worked internationally on Health Literacy projects and holds certifications in Bridges Out of Poverty (Lifetime Trainer), COPE (facilitator), Soul Shop Suicide Prevention (Church Leader and Youth Facilitator), Trauma Informed Care (Presenter).



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C.O.P.E. Training:



Cost of Poverty
Experience



- Inspiring
- Educating
- Equipping





Location Date and Time:

Locations vary across NYS upon request of agencies and communities with a focus on the Capital Region. We also service Buffalo and Rochester where CarePortal is active. C.O.P.E. are usually scheduled on Fridays and Saturdays and are 3 hours long.

Start and End Times:

Typically run from 10am to 1pm or 1pm to 4pm depending on the request of the host organization. Total time including set up, training of resource team, and tear down is 6 hours.



Learning Objectives:

- Enhance Understanding of the Limitations of Options for someone living in poverty.
- Provide experiential learning about mental models, tyranny of the moment.
- Improve skills to assist clients living in poverty.
- Build partnerships with others serving families in poverty.
- Hear from those who have lived experience in poverty, addiction, and trauma.



Teaching Methods:

- Role-Playing
- Facilitator-Led Discussion
- Life Experiences
- Small Group Discussion



Pricing Options:

- Agency, Schools, etc- Fee structure set by ThinkTank-inc.org
 - 900 up to 40 participants
 - 1000 up to 80 participants
 - 1100 up to 120 participants
- Individuals- when attending a public COPE. \$20, \$25 if CEU is requested.

Refunds are available 48 hours in advance of the event.