

FASD Training Options:

- 90 minute **Intro to FASD** Workshop
- **2-hour FASD Workshop:** Introduction to the FASCETS FA/NB Model
- **3-hour Session FASD Deep Dive:** Neurobehavioral Conditions Including FASD—Understanding & Application of the FASCETS Brain-Based Approach
- **1 day Session (6hr)** Neurobehavioral Conditions Including FASD—Understanding & Application of the FASCETS Brain-Based Approach
- **2 day Session (12hr)** Neurobehavioral Conditions Including FASD—Understanding & Application of the FASCETS Brain-Based Approach
- **3 day Session (18hr) Deep Dive:** Neurobehavioral Conditions Including FASD—Understanding & Application of the FASCETS Brain-Based Approach



About Sandra Flach

Sandra is a mother of eight children, five through adoption—one kinship and four international. Her youngest two are teens diagnosed with a Fetal Alcohol Spectrum Disorder (FASD).

Sandra is a certified facilitator of the FASCETS Neuro-Behavioral Model and leads the Hope for the FASD Journey Community—a support group for parents and caregivers of individuals with an FASD. She also hosts the weekly *Adoption & Foster Care Journey* podcast.



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FASD Trainings:



Fetal Alcohol
Spectrum Disorder



- Inspiring
- Educating
- Equipping





Intro to FASD Workshop:

This 90 minute workshop explores the impact of prenatal exposure to alcohol on a developing fetus.

- Attendees will identify the primary, secondary, and tertiary symptoms of FASD and compile techniques to utilize in accommodating and supporting individuals with an FASD.
- \$225/group or \$15/individual



FASCETS Training:

Neurobehavioral Conditions Including FASD— Understanding & Application of the FASCETS Brain-Based Approach:

These sessions unpack the FASCETS (Fetal Alcohol Spectrum Consultation, Education, & Training Services) FA/NB model based on the work of Diane Malbin M.S.W, author of *Trying Differently Rather Than Harder*.

FASCETS trainings are offered in a variety of workshop sessions, each delving deep into FASD and the FASCETS Neuro-Behavioral model.

- Attendees will identify FA/NB as a brain-based physical disability with behavioral symptoms and recognize primary, secondary, and tertiary symptoms of FA/NB.
- Attendees will learn to distinguish why people with an FA/NB frequently receive overlapping DSM diagnosis and develop an understanding as to why traditional behavioral treatment techniques are frequently ineffective for people with an FA/NB.
- Attendees will also learn to develop and apply effective strategies for people with FA/NB using various tools and accommodations.



For All FASD Workshops:

- Available in-person and online
- Taught by Sandra Flach, a facilitator of the FASCETS NB Model and parent of 5 adopted children—2 diagnosed with FAS, and has 30+ years of parenting experience.
- For caregivers, parents, and professionals
- Offer certificates of completion for caregivers and parents
- *Offer CEU credits for social workers* (pending)

Pricing Options:

FASCETS 2 hour session— \$300/group

FASCETS 3 hour session— \$450/group

FASCETS 1 day— \$900/group
(6 hour session)

FASCETS 2 day— \$1,800/group
(12 hour session)

FASCETS 3 day— \$2,700/group
(18 hour session)

*Special pricing offered for individuals (parents or small groups)