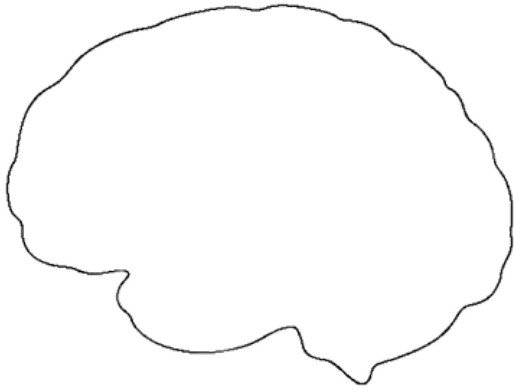


BRAIN TASKS

What did your brain have to do today?



Fetal Alcohol Spectrum Disorder:

FASD is a brain-based lifelong physical condition that affects the brain and body of people exposed to alcohol in the womb.

It's a Spectrum of Disorders:

FAS: Fetal Alcohol Syndrom

pFAS: partial Fetal Alcohol Syndrom

ARND: Alcohol-Related Neurobehavioral Disorder

ND-PAE: Neurobehavioral Disorder Associated with Prenatal Exposure

FASD is an invisible disability with behavioral symptoms

Primary Symptoms

- Sensory Processing
- Nutrition
- Language & Communication
- Slow Processing Pace
- Learning & Memory
- Abstract thinking
- Executive Function
- Dymaturity
- Strengths

Executive Function - Boss of the Brain

- Organization
- Planning
- Transitions
- Goal-setting
- Self-Regulation
- Attention/Focus
- Short-term Memory
- Impulse Control



BRAIN TASKS

What did your brain have to do today?



Secondary Symptoms

- Easily fatigued
- Anxious
- Self Isolates
- Overwhelmed
- Argumentative
- Depression
- Frustration/anger
- Poor self-esteem
- Family/school problems

Tertiary Symptoms

- Criminal Involvement
- Alcohol/drug use/addiction
- Social Services Involvement
- Legal system trouble
- Suicide

What do we do?

1. Think, "brain"
2. Understand—FASD is an invisible, **brain-based** physical disability with **behavioral symptoms**.
3. Utilize the **Neurobehavioral Model**, which recognizes the brain as the source of behaviors.
4. Implement **Accommodations** to support the individual as we would for anyone with a visible physical disability.
5. Always consider your child's **developmental age**.
6. Paradigm Shift: Adjust your expectations!
7. Ask, what does my child's brain have to do with this behavior?



Explore a wealth of resources and support for Fetal Alcohol Spectrum Disorder (FASD) on the JFO website at **Justicefororphansny.org**.

Whether you're seeking information, guidance, or a supportive community, our website is your gateway to improving the lives of those affected by FASD.